

Race Update: START TIME CHANGES for Moo-nlight Race

1 message

Davis Moonlight Race <noreply@runsignup.com>
 Reply-To: acopfoundation@gmail.com
 To: acopfoundation@gmail.com

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**2023 START TIME CHANGES
 ANNOUNCED BELOW**



**DAVIS
 MOONLIGHT RACE**



**Start Times for Saturday's Davis Moonlight Race will be
 delayed by 30 minutes**

Due to the upcoming heat wave, we will be delaying all races by 30 minutes

Due to the weather being forecast to be over 100°F on Saturday, we are modifying the start times for the race to start as late as we can. The air temperature drops off quickly once the sun sets at 8:30 pm and we are doing what we are able to ensure you have the best experience possible on Saturday night.

(Also, as an added bonus, a preview of the technical race tshirt is below). All shirts are tech except for the kids fun run, which are cotton.

Please Make A Note Of The Time Changes:

- 6:30 PM - Race Night Registration Opens
- 8:00 PM - 10 Mile Race** Start (was 7:30pm)
- 8:15 PM - Kids Fun Run** Start (was 7:45pm)
- 8:30 PM - 5K/10K Start** (was 8:00pm)
- 8:35 PM - 2K Start** (was 8:10pm)
- 10:15 PM - Cut Off For Course Support (was 10PM)
- 10:30 PM - Finish Line Breakdown

With These Changes, Make Plans to Ensure You Are Visible:

- Sunset is approximately 8:30 pm; Dusk concludes approximately 8:45 pm
- Headlamps or a small flashlight are now [strongly suggested](#) for ALL 10 Mile and 10K participants and encouraged for 5K/2K participants
- We will provide all 10K and 10M participants with one glow stick necklace at registration check in. We ask that you wear this in some fashion (necklace, wrist, etc) so that you are visible on the course to other participants, cyclists, volunteers and staff, and vehicles. Please feel free to get creative with other visibility options such as blinking lights for shoes or other glow in the dark items!
- Light colored t-shirts/tank tops are recommended for all participants
- Reflective vests/hats/clothing are suggested

Hydration



-- Your hydration plan should begin on Friday. Do not start the weekend dehydrated.

-- Be sure to drink water and electrolytes throughout Saturday in the daytime.

-- Eat foods with high water content; melons, grapes, apples, bananas, cucumbers are all good options

-- Water stations will be located approx. as follows: 5K (Mile 2); 10K (Miles 2 and 4); 10 Mile (Miles 2, 4, 6, 8), plus at the start/finish. All stations will have water and Gatorade. We encourage ALL participants to carry water or electrolyte replacement with you on the course. There are many runner/walker oriented options such as hydration vests (shown above), hydration packs, hydration belts, and hand held water bottles. But even something as simple as a 12 oz plastic water bottle can get the job done. Figure out what will work for you, your fitness level/your training, the distance you will be completing, and bring it with you to the race. You will be able to refill bottles at the aid stations.



Pups

-- The pavement/sidewalks will be warm. You know your dog best and what they can tolerate and are acclimated to. If you previously entered the Dog Division but will no longer be bringing him/her and need to be removed from the division, we can make that change at registration (or in advance by email). You can also make the change within your runsignup account by modifying your answer to that question.

-- Please ensure your dog is hydrated. Bring a collapsible water bowl or other method of ensuring your furry friend can easily hydrate too.

Distance Changes

We understand your training may not have gone as planned, that injuries happen, or that you might want to downgrade your distance due to the heat. There is no fee to do so and we are happy to make distance adjustments.

You can request a distance change by email or make the change within your runsignup account through Friday, July 14. Likewise, you can also make changes to your special division (update your question answer) or t-shirt size through Friday.

Can I switch to Virtual? The answer is yes. Virtual packets can either be picked up on race night or be mailed to you next week. Be sure that your address in your runsignup account is current. There is a deadline to email us to request a switch to virtual. Your email must be time stamped by 8:00 pm on 7/15/23.

Still Need To Register:

- [Register Online Here](#)

You can choose from our 2K, 5K, 10K, and Ten Mile distances plus there is a kids fun run. Whether you plan to complete the 1.24 mile "2K" division, the 5K or 10K, or our long distance run - the ten mile - your entry will include a finisher's medal, a short sleeve race t-shirt, chip timing, and eligibility for overall, age group and special division awards.



After the Race:

🍷 Our Post-Race Calf-eteria will offer each finisher a **complimentary post-race beer** (brewed locally), sno cone and light refreshments, plus water and Gatorade. Pizza will be available for purchase for \$3 a slice (cash preferred, but plastic accepted).

- **DATE:** Race day is Saturday, July 15, 2023.
- **LOCATION:** All events start and finish at FMC / Schilling Robotics in [Davis \(201 Cousteau Place\)](#)
- **BENEFICIARY:** Benefits [Cancer Champions](#) (local nonprofit organization) (See more below!)

How To Score A FREE Entry:

Make a donation of \$150 or more during [Davis Moonlight race registration process](#) to our charity, Cancer Champions, and receive a 2K, 5K or 10K entry for FREE!

You are already going to do something moo-velous for yourself by joining the race, so why not do it with a free entry, while supporting local cancer survivors at the same time?! That's what we call a win-win-win. 🐾



 **More Info:**

- [Registration Link](#)
- [Course Maps](#)
- [Visit Race Website for more info](#)

We hope to see you soon! Questions? Already registered and want to add-on or remove a special division? Email us at acopfoundation@gmail.com.



Davis Moonlight Run

Davis, CA
Sat July 15 2023

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